

#### GYNECOLOGIC CANCER INSTITUTE

of CHICAGO

# INSTRUCTIONS FOR FOLLOW UP Gestational Trophoblastic Disease

#### FOLLOW UP AFTER MOLAR EVACUATION

- · Physical exam 4 weeks after evacuation
- Serum hCG measurements every 1-2 weeks until 3 consecutive tests show normal levels
- hCG levels at 3 month intervals for 6 months after spontaneous return to normal
- Contraception and pregnancy avoidance recommended for 6 months after a normal hCG result

## FOLLOW UP AFTER TREATMENT FOR GESTATIONAL TROPHOBLASTIC NEOPLASIA (GTN)

- hCG levels weekly x 4 and then monthly for 12 months
- · Contraception and pregnancy avoidance for 12 months after a normal hCG result
- · Annual gynecologic examinations with annual hCG

### CARE AFTER/DURING FUTURE PREGNANCIES

- First trimester ultrasound to confirm a normal intrauterine pregnancy
- Pathologic examination of the placenta following delivery
- hCG level 6 weeks after the termination of any pregnancy event